

## **A GREAT OPPORTUNITY FOR GOLFERS! NEWS FOR BEGINNERS AND ADVANCED**

Play at one of the world's best golf courts...in Gliwice. Now with a model simulator ideal for teaching the youngest players.

TrackMan, a modern golf simulator has been active for a month at the driving range at 75 Kujawska Street. Together with your friends or under supervised by a trainer, you can train your skills both at a golf shooting range as well as at one of the several hundred best class international golf courts.

- Playing golf on a simulator is a time well spent, of course – emphasized Katarzyna Czajka, the President of Golf & Country Club Gliwice. - Many golf players regularly train on a simulator, often under a supervision of a trainer. It is an excellent tool improving golf playing skills – she adds.

### **For maintaining good condition**

You can use the simulator for a time paid for up front. On average, a round including 18 holes lasts from 1 to 4 hours – depending on whether we play alone or in a group (of a maximum of 4 people). You can also play on 9 hole fields. The device can also be used for trainings. Mariusz Pawłowski, golf instructor at the Golf & Country Club Gliwice explains – the simulator shows values which allow to determine each defect and all game components which could be improved: hit power, ball velocity and its rotation, as well as a faulty posture as well as multiple other features which make up the quality of playing golf.

It is worth noting that the simulator is a great solution for those who wish to stay in shape in the Autumn and Winter season. They can easily train now and prepare for the Spring. Such solution is also helpful for the beginners and the younger players. For purely practical reasons - a round played on a simulator is simply shorter, which can be comfortable in particular to children who are only starting their adventure with golf.

### **A realistic image**

How does a training on a simulator look in practice? The large-format screen displays a realistic image of a golf driving range or a specific golf course. Best locations have been selected for training purposes. Interestingly, the program includes two Polish courses – Black Water and Kalinowe Pole.

A golfer takes an appropriate stance and hits the ball with the stick. Cameras and sensors register the angle and hitting power, the image of the ball and its flight route is displayed on the screen until it hits the ground. A little imagination will be enough to experience the realism of this game. If a player is accompanied by a trainer, this makes for an excellent possibility to improve performance. And that is regardless of the weather.

Almost everyone can use the device – regardless of their experience. The calendar allowing to make the booking is available at the website of the Golf & Country Club Gliwice in the Simulator tab.